

Great Lakes Region Short and Long Course Championships

Hosted by Adrian College

October 3rd, 2008

Womens Score

Place	School	Long Course Score	Short Course Score	Total Score
1	Calvin	36	14	50
2	John Carroll	15	37	52
3	Bethel	48	20	68
4	Cornerstone	24	64	88
5	Saint Mary's	58	40	98
6	Adrian College	71	36	107
7	Schoolcraft	84	46	130
8	Goshen	80	57	137
9	Trine	77	89	166
10	Defiance	84	92	176

Great Lakes Region
Short and Long Course Championships
Lenawee Christian High School, Adrian, Michigan
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===== WOMENS TEAM SCORE =====

===== 3k Race =====

1.	14	Calvin	(11:33	34:38)
=====					
1	3	Rebecca Hiemstra	Fr.	11:25	
2	5	Eva Kort	Fr.	11:36	
3	6	Kristin Fletcher	So.	11:37	
2.	20	Bethel	(11:31	34:32)
=====					
1	1	Irene Kirathi	Fr.	11:06	
2	8	Jessica Scott	Fr.	11:39	
3	11	Ashley Wray	Jr.	11:47	
3.	36	Adrian	(11:56	35:48)
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1	4	Breanna Korson	Fr.	11:28	
2	10	Victoria Alexander	Fr.	11:40	
3	22	Chelsea Mata	Fr.	12:40	
4.	37	John Carroll	(11:51	35:33)
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1	9	Michelle Grossman	So.	11:40	
2	13	Megan Lutz	Fr.	11:54	
3	15	Andrea Brown	Fr.	11:59	
5.	40	Saint Mary's	(11:59	35:56)
=====					
1	7	Megan McClowry	Jr.	11:37	
2	16	Hanna Vicary	Fr.	12:09	
3	17	Clare McVey	So.	12:10	
6.	46	Schoolcraft	(12:07	36:21)
=====					
1	12	Jamie Wick	Fr.	11:52	
2	14	Courtney Plummer	Fr.	11:59	
3	20	Lauren Ahearn	Fr.	12:30	
7.	57	Goshen	(12:58	38:54)
=====					
1	2	Laura Harnish	Sr.	11:13	
2	26	Renee Miller	Jr.	13:26	
3	29	Ellie Maloney	So.	14:15	
8.	64	Cornerstone	(12:43	38:07)
=====					
1	18	Tracy Dykstra	Sr.	12:20	
2	21	Janey Sluka	Jr.	12:31	
3	25	Katie Malinowski	Jr.	13:16	
9.	66	Macomb Community	(12:39	37:57)
=====					
1	19	Chelsea Myers	Fr.	12:25	
2	23	Sarah plebanski	Fr.	12:42	
3	24	Kaitlyn Kreger	Fr.	12:50	

10. 89 Trine (14:32 43:34)

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1	28	Courtney Naveken	So.	14:11
2	30	Hayley Verdieck	Fr.	14:37
3	31	Megan Rowe	Jr.	14:46

11. 92 Defiance (14:44 44:10)

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1	27	Courtney Swabb	Fr.	13:35
2	32	Kristina Goodson	Jr.	15:12
3	33	Aubrie Ridinger	Fr.	15:23

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===== WOMENS TEAM SCORE =====

===== 6k Race =====

1. 15 John Carroll (24:26 1:13:18)

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1	4	Emily Tillmaand	Jr.	24:22
2	5	Tricia Doherty	Jr.	24:27
3	6	Melissa Thorne	So.	24:29

2. 24 Cornerstone (24:22 1:13:04)

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1	3	Andi Owens	Jr.	23:47
2	7	Janelle Lindman	Jr.	24:34
3	14	Melissa Sawicki	Fr.	24:43

3. 33 Lansing Community (24:38 1:13:53)

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1	8	Amanda Langell	So.	24:35
2	12	Lyndsay Payne	Fr.	24:37
3	13	Haley Knoll	Fr.	24:41

4. 36 Calvin (24:44 1:14:11)

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1	10	Sarah Orndorff	Fr.	24:35
2	11	kelly Larsen	Fr.	24:36
3	15	Anna Pranger	Sr.	25:00

5. 48 Bethel (25:11 1:15:33)

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1	1	Amber Wray	Jr.	23:20
2	18	Danielle Lewis	Jr.	25:29
3	29	Courtney Chapman	Fr.	26:44

6. 56 Madonna (25:41 1:17:01)

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1	2	Sarah Sherwood	Jr.	23:44
2	26	Cassie Yarnall	Fr.	26:35
3	28	Kari Saarela	So.	26:42

7. 58 Saint Mary's (25:39 1:16:55)

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1	17	Catie Salyer	So.	25:22
2	19	Joanne Almond	Fr.	25:31
3	22	Caitlin Brodmerkel	Sr.	26:02

8. 71 Adrian (26:13 1:18:39)

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1	21	Lindsey Manning	Fr.	25:54
2	23	Meghan Lohr	So.	26:07
3	27	Chelsey Berlin	So.	26:38

9. 77 Trine (28:04 1:24:11)

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1	9	Chelsi Morey	Jr.	24:35
2	32	Hanna Thomas	Fr.	28:11
3	36	Sara Tracey	Fr.	31:25

10.	80	Goshen	(27:02	1:21:06)
1	16	Rachael Baker	Jr.	25:00	
2	31	Tina Peters	Jr.	27:51	
3	33	Rachel Nafziger	Fr.	28:15	
11.	84	Defiance	(27:11	1:21:31)
1	20	Kaitlin Switzer	So.	25:46	
2	30	Kelly Neff	Jr.	26:57	
3	34	Amanda Zimmerman	Sr.	28:48	
12.	84	Schoolcraft	(27:12	1:21:35)
1	24	Courtney Plummer	Fr.	26:20	
2	25	Jamie Wick	Fr.	26:24	
3	35	Britni Strong	So.	28:51	