

Great Lakes Region
Short and Long Course Championships
Lenawee Christian High School, Adrian, Michigan
October 3rd, 2008

Womens 6k Race

Place	TmPl	Name	Year	School	Time	Pace
1		Amber Wray	Jr.	Bethel	23:19.13	6:16
2	1	Sarah Sherwood	Jr.	Madonna	23:43.52	6:22
3	2	Andi Owens	Jr.	Cornerstone	23:46.11	6:23
4	3	Emily Tillmaand	Jr.	John Carroll	24:21.35	6:32
5	4	Tricia Doherty	Jr.	John Carroll	24:26.03	6:34
6	5	Melissa Thorne	So.	John Carroll	24:28.27	6:34
7	6	Janelle Lindman	Jr.	Cornerstone	24:33.50	6:36
8	7	Amanda Langell	So.	Lansing Community	24:34.75	6:36
9		Chelsi Morey	Jr.	Trine	24:34.76	6:36
10	8	Sarah Orndorff	Fr.	Calvin	24:34.99	6:36
11	9	Kelly Larsen	Fr.	Calvin	24:35.67	6:36
12	10	Lyndsay Payne	Fr.	Lansing Community	24:36.46	6:37
13		Jennifer Mockler			24:38.39	6:37
14	11	Haley Knoll	Fr.	Lansing Community	24:40.26	6:38
15	12	Melissa Sawicki	Fr.	Cornerstone	24:42.31	6:38
16	13	Nicole Erler	Jr.	Cornerstone	24:49.49	6:40
17	14	Julie Myers	Sr.	John Carroll	24:54.32	6:41
18	15	Anna Pranger	Sr.	Calvin	24:59.27	6:43
19	16	Rachael Baker	Jr.	Goshen	24:59.94	6:43
20	17	Cynthia Ingle	Fr.	Lansing Community	25:00.19	6:43
21	18	Kristin Haagsma	Sr.	Calvin	25:19.76	6:48
22	19	Catie Salyer	So.	Saint Mary's	25:21.27	6:49
23	20	Janelle Brown	So.	Cornerstone	25:26.14	6:50
24		Danielle Lewis	Jr.	Bethel	25:28.61	6:51
25	21	Kristina Donley	Fr.	Lansing Community	25:29.86	6:51
26	22	Joanne Almond	Fr.	Saint Mary's	25:30.22	6:51
27	23	Eliza Owens	Sr.	Cornerstone	25:42.25	6:54
28		Kaitlin Switzer	So.	Defiance	25:45.33	6:55
29	24	Emily Arkus	Sr.	Calvin	25:46.73	6:55
30	25	Lindsey Manning	Fr.	Adrian	25:53.58	6:57
31	26	Kelly Grieve	So.	John Carroll	25:57.77	6:58
32	27	Caitlin Brodmerkel	Sr.	Saint Mary's	26:01.58	6:59
33	28	Meghan Lohr	So.	Adrian	26:06.47	7:01
34	29	Meg Stall	Fr.	Lansing Community	26:10.12	7:02
35	30	Courtney Plummer	Fr.	Schoolcraft	26:19.19	7:04
36	31	Hannah Taylor	Fr.	Lansing Community	26:22.91	7:05
37	32	Jamie Wick	Fr.	Schoolcraft	26:23.29	7:05
38	33	Kristin Van Kampen	Fr.	Calvin	26:23.89	7:05
39		Alanah Pietryga	So.	Lansing Community	26:30.63	7:07
40	34	Cassie Yarnall	Fr.	Madonna	26:34.22	7:08
41	35	Alicen Miller	Sr.	Saint Mary's	26:35.95	7:09
42	36	Chelsey Berlin	So.	Adrian	26:37.46	7:09
43		Jenette Killips	So.	Lansing Community	26:40.35	7:10
44	37	Kari Saarela	So.	Madonna	26:41.15	7:10
45		Courtney Chapman	Fr.	Bethel	26:43.37	7:11
46	38	Kelsey Diemer	Fr.	Calvin	26:46.18	7:11
47	39	Becca Mason	Sr.	Saint Mary's	26:49.94	7:12
48		Kelly Neff	Jr.	Defiance	26:56.58	7:14
49	40	Emma Czaplicki	Jr.	Madonna	26:59.95	7:15
50	41	Erin Smiglewski	Fr.	Adrian	27:05.88	7:17

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Place	TmPl	Name	Year	School	Time	Pace
51	42	Devan Walley	So.	Madonna	27:10.45	7:18
52	43	Kelly Payne	Jr.	Saint Mary's	27:14.75	7:19
53	44	Kelly Griffin	Sr.	Adrian	27:32.36	7:24
54	45	Caitlin Stevenson	Sr.	Saint Mary's	27:33.92	7:24
55	46	Emily Baumbach	Fr.	Madonna	27:40.38	7:26
56	47	Kathryn Stewart	Fr.	Adrian	27:46.81	7:28
57	48	Tina Peters	Jr.	Goshen	27:50.42	7:29
58		Hanna Thomas	Fr.	Trine	28:10.59	7:34
59		Anna Dutcher		M. M. Track Club	28:12.13	7:34
60	49	Rachel Nafziger	Fr.	Goshen	28:14.32	7:35
61		Lauren Easton	So.	Saint Mary's	28:36.75	7:41
62	50	Laura Stoesz	Sr.	Goshen	28:43.00	7:43
63		Amanda Zimmerman	Sr.	Defiance	28:47.43	7:44
64	51	Britni Strong	So.	Schoolcraft	28:50.05	7:45
65	52	Tessa Horst	Sr.	Goshen	28:53.56	7:45
66		Charity Brown	Fr.	Bethel	29:10.23	7:50
67		Stephanie Waite	So.	Saint Mary's	29:19.95	7:53
68		Cece Witous	Fr.	Saint Mary's	29:56.77	8:02
69		Jessica Erzal	Fr.	Lansing Community	30:01.64	8:04
70	53	Lauren Ahearn	Fr.	Schoolcraft	30:06.94	8:05
71	54	Stacey Richardson	Fr.	Schoolcraft	30:07.37	8:05
72		Emily Graf	Jr.	Saint Mary's	30:16.81	8:08
73	55	Lauren Putnam	Fr.	Madonna	30:23.17	8:10
74	56	Allison York	So.	Schoolcraft	31:06.38	8:21
75		Sara Tracey	Fr.	Trine	31:24.83	8:26
76		Theresa Gase	Fr.	Madonna	32:58.20	8:51
77		Marie Crew	Fr.	Owens Comminuty	35:01.79	9:24

Timing & Results by PrimeTime Race & Event Management, LLC. www.pttiming.com

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===== WOMENS TEAM SCORE =====

===== 6k Race =====

1. 52 John Carroll (24:51 2:04:11)

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1	3	Emily Tillmaand	Jr.	24:22
2	4	Tricia Doherty	Jr.	24:27
3	5	Melissa Thorne	So.	24:29
4	14	Julie Myers	Sr.	24:55
5	26	Kelly Grieve	So.	25:58

2. 53 Cornerstone (24:41 2:03:21)

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1	2	Andi Owens	Jr.	23:47
2	6	Janelle Lindman	Jr.	24:34
3	12	Melissa Sawicki	Fr.	24:43
4	13	Nicole Erler	Jr.	24:50
5	20	Janelle Brown	So.	25:27
6	(23)	Eliza Owens	Sr.	25:43

3. 66 Lansing Community (24:53 2:04:24)

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1	7	Amanda Langell	So.	24:35
2	10	Lyndsay Payne	Fr.	24:37
3	11	Haley Knoll	Fr.	24:41
4	17	Cynthia Ingle	Fr.	25:01
5	21	Kristina Donley	Fr.	25:30
6	(29)	Meg Stall	Fr.	26:11
7	(31)	Hannah Taylor	Fr.	26:23

4. 74 Calvin (25:04 2:05:18)

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1	8	Sarah Orndorff	Fr.	24:35
2	9	kelly Larsen	Fr.	24:36
3	15	Anna Pranger	Sr.	25:00
4	18	Kristin Haagsma	Sr.	25:20
5	24	Emily Arkus	Sr.	25:47
6	(33)	Kristin Van Kampen	Fr.	26:24
7	(38)	Kelsey Diemer	Fr.	26:47

5. 142 Saint Mary's (26:05 2:10:21)

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1	19	Catie Salyer	So.	25:22
2	22	Joanne Almond	Fr.	25:31
3	27	Caitlin Brodmerkel	Sr.	26:02
4	35	Alicen Miller	Sr.	26:36
5	39	Becca Mason	Sr.	26:50
6	(43)	Kelly Payne	Jr.	27:15
7	(45)	Caitlin Stevenson	Sr.	27:34

6. 154 Madonna (26:15 2:11:12)

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1	1	Sarah Sherwood	Jr.	23:44
2	34	Cassie Yarnall	Fr.	26:35
3	37	Kari Saarela	So.	26:42
4	40	Emma Czaplicki	Jr.	27:00

5 42 Devan Walley So. 27:11
6 (46) Emily Baumbach Fr. 27:41
7 (55) Lauren Putnam Fr. 30:24

7. 174 Adrian (26:40 2:13:18)

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1	25	Lindsey Manning	Fr.	25:54
2	28	Meghan Lohr	So.	26:07
3	36	Chelsey Berlin	So.	26:38
4	41	Erin Smiglewski	Fr.	27:06
5	44	Kelly Griffin	Sr.	27:33
6	(47)	Kathryn Stewart	Fr.	27:47

8. 215 Goshen (27:45 2:18:43)

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1	16	Rachael Baker	Jr.	25:00
2	48	Tina Peters	Jr.	27:51
3	49	Rachel Nafziger	Fr.	28:15
4	50	Laura Stoesz	Sr.	28:43
5	52	Tessa Horst	Sr.	28:54

9. 220 Schoolcraft (28:22 2:21:50)

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1	30	Courtney Plummer	Fr.	26:20
2	32	Jamie Wick	Fr.	26:24
3	51	Britni Strong	So.	28:51
4	53	Lauren Ahearn	Fr.	30:07
5	54	Stacey Richardson	Fr.	30:08
6	(56)	Allison York	So.	31:07