



West Itasca JOQ
Rainbow Resort, Waubun, MN
January 3rd-4th, 2009

Timing & Results by:



Sunday Freestyle Final Results by Distance

Jury		Course		Conditions	
Tech. Delegate:	Yuriy Gusev	Length of Course:	5k	Course Weather:	Clear
USSA/CXC Rep:	Scott Wilson	Course HD:	28	Course Temp:	-5 Degrees
Chief of Competition:	Amy Xu	Course MC:	20	Course Wind:	Calm
		Course TC:	133		

Female

10k Freestyle

Place	Bib	Name	City, State	Team/Affiliation	USSA#	CXC#	Time
1	332	COOGAN, Corey	Minneapolis, MN	Madshus/Go Training			0:47:02.3

5k Freestyle

Place	Bib	Name	City, State	Team/Affiliation	USSA#	CXC#	Time
1	351	DUIJNDAM, Lynn	Falcon Heights, MN	Roseville Area Schools	6153506	MW90005J1	0:18:44.7
2	358	SANBORN, Hannah	Maple Grove, MN	Go! Training CXC Jr. De	6155766	MW90019J1	0:19:58.0
3	366	MASON, Rachel	Maplewood, MN			MW90305J1	0:20:45.2
4	352	HART, Anne	Stillwater, MN	Minneapolis Ski Club	5602255	MW90246J1	0:20:46.5
5	364	GANTZER, Edwina	Minneapolis, MN	Go! Training		MW90257J1	0:20:49.0
6	356	FLANDERS, Alice	Crystal, MN	Minneapolis Ski Club	6235512	MW90231J1	0:20:52.1
7	355	BURGER, MOLLY	HAYWARD, WI	CXC DEVO	5720388	MW90004J1	0:20:56.9
8	369	FRANKOWSKI, Rosie	Minneapolis, MN			MW90265J1	0:20:57.8
9	354	ADAMS, Brooke	Sarona, WI	Spoooner Ski Team/CXC	6202311	MW90017J1	0:21:10.9
10	397	AMBER, Nicolette	Lake Nebagamon, WI			MW90136J2	0:21:25.9
11	399	AMBER, Olivia					0:21:33.1
12	392	TREMBLAY, Chelsea	Hayward, WI	CXC Junior Devo	6240988	MW90206J2	0:21:40.6
13	363	YOVETICH, Marissa	Andover, MN			MW90580J1	0:22:14.6
14	357	SIMAK, Elizabeth	Hayward, WI	Midwest	5608658	MW90159J1	0:22:38.9
15	362	ROACH, Dana	Minocqua, WI			MW90156J1	0:22:51.9
16	391	PETERSON, Elizabeth	Forest Lake, MN	Nordicwerks Ski Klubb	6201909	MW90254J2	0:23:34.1
17	395	BENTON, Sarah	Minnetonka, MN	Hopkins Nordic		MW90139J2	0:24:03.3
19	361	DANIELS, Caroline	Minneapolis, MN				0:25:36.3
20	368	ANDERSON, Amber	Wyoming, MN	Nordicwerks		MW90853J1	0:26:18.9
21	405	JACKSON, Keely	Hayward, WI			MW90241J4	0:27:11.8
22	404	RAMSTAD, Berit	Detroit Lakes, MN	Detroit Lakes Nordic			0:27:41.3
23	396	HIPP, Julia	wyoming, MN	Nordicwerks		MW90682J2	0:28:31.8
24	406	WOHLK, Racquel	Forest Lake, MN	Nordicwerks		MW90227J4	0:35:07.0
DNS	360	MANTHEY, Jill	Plymouth, MN			cm90571oj	
DNS	353	MAGNUSON, Eleanor	Champlin, MN	GoTraining	6191142	MW90286OJ	
DNS	365	FELTZ, Hailey	Wausau, WI	Wausau Nordic Ski Club		MW90267J1	
DNS	359	MARSHALL, Megan	Wausau, WI	Wausau West		MW90129OJ	

Male

Place	Bib	Name	City, State	Team/Affiliation	USSA#	CXC#	Time
Male							
10k Freestyle							
Place	Bib	Name	City, State	Team/Affiliation	USSA#	CXC#	Time
1	301	DUBAY, Joe	Coon Rapids, MN	Minneapolis Ski Club	6046411		0:32:21.9
2	314	BACSO, Kasey	Plymouth, MN	Minneapolis Ski Club	6181143	MW90847J1	0:34:11.2
3	333	REICH, Alexander					0:35:35.7
4	319	COOZENNOY, Steven	Forest Lake, MN	Nordicwerks SkiKlubb		MW90255J1	0:35:49.2
5	303	BRANDT, Jon-Michael	Winona, MN		6153605	MW90300J1	0:36:25.9
6	307	BLAZAR, Jeremy	Minneapolis, MN	Colby College	6078919	MW90854OJ	0:37:19.8
7	306	BRODIN, Benjamin	Scandia, MN	Nordicwerks Ski Klubb	6221201	CC90380OJ	0:37:19.9
8	318	MAKI, Matt	Forest Lake, MN			MW90289J1	0:37:39.3
9	331	WESSLING, John	Maple Grove, MN	Maple Grove High Schoo		MW90225J1	0:37:42.5
10	313	JOHANIK, Scott	Washburn, WI	CANSKI	6156061	MW90149J1	0:37:55.0
11	304	PETERS, Luke	Oregon, IL	CXC JDP	6157457	MW90013J1	0:38:13.0
12	317	WONG, Matthew	White Bear Lake, MN			MW90224J1	0:38:17.6
13	325	SANDRY, Jacob	Bloomington, MN	Minnesota Valley		MW90626J1	0:38:18.0
14	311	FERGUS, Brian	Elk River, MN	Minneapolis Ski Club	6227334	MW90213J1	0:38:41.9
15	323	OELRICH, Zachary	solway, MN			MW90683J1	0:38:44.0
16	327	VAN DIXHORN, Walker	Hayward, WI	Hayward Nordic		MW90636J1	0:38:57.2
17	309	HOWE, Michael	Forest Lake, MN	Nordicwerks SkiKlubb	6170963	MW90146J1	0:39:04.0
18	330	JACKELS, Matt	Maple Grove, MN	Go Training		MW90222J1	0:39:13.9
19	324	WOHLK, Mitchell	Forest Lake, MN	Nordicwerks		MW90230J1	0:39:15.3
20	310	SLOAN, Jack	White Bear Lake, MN	Minneapolis Ski Club/ M	6235963	MW90304J1	0:39:37.4
21	329	RAMSTAD, Dylan	Detroit Lakes, MN	Detroit Lakes Nordic			0:39:45.5
22	326	MEYER, Alex	Plymouth, MN	Wayzata High School			0:39:50.4
23	312	BENTON, Connor	Minnnetonka, MN	Hopkins Nordic	6201230	MW90138J1	0:40:06.2
24	321	GRIWAC, Jonathan	plymouth, MN	wayzata Highschool and		MW90848J1	0:40:43.5
25	315	GUST, Blake	andover, MN	Minneapolis Ski Club		mw90618oj	0:42:20.7
26	328	HARRER, Corson	Minneapolis, MN	Go Training		MW90229J1	0:43:02.7
27	334	LEE, Matt					0:45:49.2
28	316	HANSON, Dan	Lakeville, MN			MW90633J1	0:46:48.3
29	335	ROBINSON, Jake					0:56:24.1
DNS	322	POWER, Nick	Duluth, MN			MW90236J1	
DNS	320	HUGUS, Mark	wausau, WI	Nordicwerks		MW90148J2	
DNS	302	KELLER, Andy	Chanhassen, MN	Minnesota Valley Ski Te	6098438	MW90090OJ	
DNS	305	LEACH, Kirk	Hopkins, MN	CSS	6165294	MW90219OJ	
DNF	308	WRIGHT, Ryan	Wyoming, MN	nordicwerks	6155378	MW90299J1	

5k Freestyle

Place	Bib	Name	City, State	Team/Affiliation	USSA#	CXC#	Time
1	384	MCGARTHWAITE, Dylan	Hayward, WI	Minneapolis Ski Club		MW90449J2	0:16:55.3
2	375	PARR, Chris	Eagan, MN	Minnesota Valley	6236235	MW90105J2	0:17:28.5
3	376	DALBERG, Jacob	Ely, MN	Ely Nordic		MW90247J2	0:18:13.0
4	373	JACKSON, Joe	Forest Lake, MN	NordicWerks	6241441	MW90584J2	0:18:20.2
5	379	BOLGER, Kevin	Minocqua, WI	Lakeland		MW90140J2	0:19:23.7
6	385	MEYER, Adam	Maple Grove, MN	Maple Grove Nordic Tea		MW90613J2	0:20:05.6
7	380	KUNIK, Lewis	Lakeville, MN	Minnesota Valley Ski Te		MW90092J2	0:20:19.0
8	374	SLATER, Eric	Mendota Heights, MN	Henry Sibley HS	5533328	MW90253J2	0:20:33.6
9	386	GIBSON, Thomas	Maple Grove, MN	Maple Grove HS		MW90232J2	0:20:37.6
10	377	KELLEY, Alexander	Forest Lake, MN	Nordicwerks SkiKlubb		MW90294J2	0:21:14.0
11	382	MARSHALL, Kyle	Shoreview, MN	MSC/Roseville		MW90233J2	0:21:17.4
12	378	SCHMID, Jacob	Hayward, WI			MW90679J2	0:22:51.3
13	383	MASON, Lucas	Maplewood, MN			MW90306J2	0:23:05.8
14	387	LARSON, Alexander	Hayward, WI			MW90193J3	0:24:52.5

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Male

DNS 381 RICHARDS, Jake Callaway, MN Maplelag Resort MW90850J2