

Movin Shoes Frosty 5k Run/Walk  
 Madison Winter-Fest  
 February 14th, 2009  
 \*\*\*\*\* AWARDS LIST \*\*\*\*\*

\*\*\*\*\* FEMALE Overall Winner \*\*\*\*\*

1	77	Heather Lipinski	Edgerton	WI	20:10
2	242	Robin Forbes-Lorman	Madison	WI	20:42
3	179	Emilie Soisson	Madison	WI	20:56

\*\*\*\*\* MALE Overall Winner \*\*\*\*\*

1	76	Corey Stelljes			15:53
2	53	Nathan Koster	Madison	WI	16:03
3	75	Tim Willcox	Madison	WI	16:03

FEMALE AGE GROUP: 1 - 14

1	67	190 Gabriella Recob	12 Lake Mills	WI	25:09
2	130	23 Bridget Trinastic	10 East Troy	WI	29:38

MALE AGE GROUP: 1 - 14

1	52	132 Chris Rusu	12 Madison	WI	23:44
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FEMALE AGE GROUP: 15 - 19

1	41	226 Heather Riniker	19		22:39
2	73	113 Jenn Fischer	17 Deerfield	WI	25:34
3	82	47 Hannah Miller-Reyno	17 Stoughton	WI	26:09
4	93	112 Amber Rogers	16 Deerfield	WI	27:05
5	94	114 Theresa Brehm	16 Deerfield	WI	27:06

MALE AGE GROUP: 15 - 19

1	5	188 Daniel Parrell	19 Black Earth	WI	18:22
2	6	149 Derek Johnsrud	19		18:31
3	39	227 Ben Seman	19		22:37
4	48	58 Nicholas Kielpinski	15 Middleton	WI	23:15
5	75	193 Michael Whayland	17 Madison	WI	25:38

FEMALE AGE GROUP: 20 - 24

1	32	137 Marianne MacGuidwin	22 Madison	WI	21:45
2	54	157 Dori Milbrandt	24 Fitchburg	WI	23:50
3	71	159 Martha Krahn	21 Madison	WI	25:28
4	86	170 Katie Hensel	24 Verona	WI	26:26
5	91	72 Megan Soneberg	23 Madison	WI	26:44

MALE AGE GROUP: 20 - 24

1	22	118 Daniel Schreier	24		20:49
2	36	96 Marc Rehmann	24 Chesaning	MI	22:32
3	38	248 Dan Long	24 Madison	WI	22:36
4	46	164 Devin Little	23 Madison	WI	22:58
5	47	73 Matt Goike	24 Middleton	WI	23:03

FEMALE AGE GROUP: 25 - 29

1	25	202 Jill Guenther	29 Stoughton	WI	20:56
2	29	79 Kelly April	25 Madison	WI	21:39
3	51	16 Moriah Bessette	29 Madison	WI	23:39
4	64	184 Erin Peterson	29		24:56
5	81	172 Rebecca Auyer	25 Madison	WI	26:03

MALE AGE GROUP: 25 - 29

1	11	199 Nicholas Johnson	25 Madison	WI	18:56
2	16	78 Christopher McVey	25 Middleton	WI	20:05
3	18	110 Carl Carlson	25 Madison	WI	20:21
4	23	117 Adam Strehlow	25 Madison	WI	20:49
5	26	171 Doug Hensel	26 Verona	WI	20:59

FEMALE AGE GROUP: 30 - 34							
1	42	200	Lucy Jaber	30	Madison	WI	22:40
2	62	135	Jaime Hochhausen	30	Madison	WI	24:45
3	65	41	Julia McReynolds	32	Madison	WI	24:58
4	68	189	Amy Recob	32	Lake Mills	WI	25:09
5	69	106	Kristi Waits	33	Madison	WI	25:25
MALE AGE GROUP: 30 - 34							
1	7	182	Joel Barosley	34			18:38
2	8	177	Andrew Imrie	31	Toronto	ON	18:44
3	14	178	Jeffrey Sterritt	31	Toronto	ON	19:41
4	28	42	Michael O'Brien	31	Madison	WI	21:27
5	31	111	Sean Strache	34			21:43
FEMALE AGE GROUP: 35 - 39							
1	60	94	Amy Parker	39	Madison	WI	24:23
2	63	141	Heather Walker	36	Sun Prairie	WI	24:55
3	76	185	Melissa Keebler	37	Verona	WI	25:45
4	103	145	Leslie Shalabi	37	Madison	WI	27:45
5	111	146	Tricia Erzen	35	Madison	WI	28:25
MALE AGE GROUP: 35 - 39							
1	12	84	Thomas Cappaert	39	Cottage Grove	WI	19:30
2	15	203	Matt Hanson	36	Stoughton	WI	19:51
3	19	119	Jeff Vanbendegom	39			20:29
4	30	131	Carl Kugler	36	Madison	WI	21:42
5	35	140	Jeff Walker	37	Sun Prairie	WI	22:13
FEMALE AGE GROUP: 40 - 44							
1	55	9	Cindy Boyd	44	Oregon	WI	24:10
2	85	22	Luci Trinastic	43	East Troy	WI	26:22
3	97	217	Laura Finn	41	Fitchburg	WI	27:10
4	102	228	Jill Vitale	43	Watertown	WI	27:34
5	112	107	Nancy Doepke	44			28:28
MALE AGE GROUP: 40 - 44							
1	4	183	Alan Harris	41	Madison	WI	17:42
2	20	120	Jeffrey Becker	40	Verona	WI	20:39
3	59	229	Dave Vitale	42	Watertown	WI	24:23
4	109	191	Kevin Trinastic	44			28:17
5	113	108	Steven Doepke	44			28:28
FEMALE AGE GROUP: 45 - 49							
1	121	168	Debra Kapalczynski	47	Oregon	WI	29:03
2	131	13	Megan Boehm	47	Madison	WI	29:39
3	142	40	Sue Chapman	45	Madison	WI	30:05
4	148	46	Diane Miller	47	Stoughton	WI	30:22
5	159	245	Beth Huffman	46	Madison	WI	31:19
MALE AGE GROUP: 45 - 49							
1	9	167	Jeff Anders	49			18:49
2	10	57	Thomas Kielpinski	48	Middleton	WI	18:50
3	13	201	Steve Barczy	45	Madison	WI	19:35
4	57	97	Mike Deckard	47	Sun Prairie	WI	24:18
5	84	91	Scott Schwartz	49	Cottage Grove	WI	26:17
FEMALE AGE GROUP: 50 - 54							
1	167	109	Beth Cheramy	51	McFarland	WI	32:32
2	172	247	Kay Balink	52	Spring Green	WI	32:58
3	198	52	Karen Oshman	50	Windsor	WI	38:31
MALE AGE GROUP: 50 - 54							
1	27	186	Dave Garfoot	53	Mt Horeb	WI	21:15
2	34	51	Tom Curran	54	Mount Horeb	WI	21:58
3	133	166	Dan Douglas	50	Storm Lake	IA	29:51
4	173	246	Larry Laughren	54	Madison	WI	32:59

FEMALE AGE GROUP: 55 - 59						
1	123	54	Diane Ramthun	55	Middleton	WI 29:07
2	199	174	Ann Lewis	58	Madison	WI 42:10
3	200	8	Jane Lewis	56	Madison	WI 42:11
4	202	124	patricia beckman	56	baraboo	WI 43:05
MALE AGE GROUP: 55 - 59						
1	40	156	Cary Segall	59		22:38
2	104	147	Bert Rogers	59	Madison	WI 27:47
3	124	55	Howard Goldman	58	Middleton	WI 29:08
4	149	123	michael beckman	59	baraboo	WI 30:33
FEMALE AGE GROUP: 60 - 99						
1	190	187	Sandy Rodenberg	63	Madison	WI 37:14
2	197	29	Jayne Paynter	63	Janesville	WI 38:12
MALE AGE GROUP: 60 - 99						
1	58	5	Woody Kneppreth	62	Mc Farland	WI 24:19
2	66	43	Chris Matteson	64	Lake Geneva	WI 25:00
3	179	230	Chris Traverse	62	Madison	WI 33:32
4	186	28	Dean Paynter	63	Janesville	WI 35:43