
 'Just Tri It' Triathlon
 North Lakeland Discovery Center
 June 27th, 2009

Place	Category	Place	NO.	NAME	CITY	SEX	SWIM RANK	SWIM TIME	T1	BIKE RANK	BIKE TIME	MPH	T2	RUN RANK	RUN TIME	PACE	OVERALL TIME
1	1/5	61		Team Polic/Ratkowski/Sanderson		T	2	4:13.8	0:22.1	3	25:28.4	14.6	0:18.2	5	19:36	6:19	49:58.2
2	1/10	21		Kyle Gleason		M	3	4:29.4	1:07.9	7	26:48.5	13.9	0:16.9	2	18:16	5:53	50:58.6
3	1/14	88		Steve Yatson		M	10	4:54.3	0:47.1	2	25:19.9	14.7	0:48.6	6	19:52	6:24	51:41.3
4	2/10	29		Patrick Huffer		M	16	5:16.5	1:14.8	10	27:04.2	13.7	0:19.1	1	18:09	5:51	52:03.3
5	1/6	103		Kyle Pallin		M	61	7:14.3	0:37.3	4	25:32.1	14.6	0:17.4	4	19:18	6:13	52:58.6
6	2/6	5		Alec Boes		M	69	7:28.8	0:34.8	1	24:53.1	14.9	0:27.6	8	20:02	6:27	53:25.5
7	1/3	98		Team Ricker/Ricker		T	18	5:20.7	1:07.6	16	28:18.9	13.1	0:27.7	3	18:53	6:05	54:07.5
8	2/14	44		gerard Lauzon		M	35	6:02.6	0:58.8	5	25:55.6	14.3	0:31.8	14	21:09	6:49	54:36.8
9	1/14	11		Jason Cihlar		M	24	5:40.5	0:30.9	8	26:49.7	13.9	0:45.6	12	20:51	6:43	54:37.3
10	3/14	37		Marc Justinak		M	8	4:48.6	0:58.3	11	27:13.9	13.7	0:37.8	19	21:32	6:56	55:09.5
11	3/6	112		Sam Daly		M	21	5:37.5	1:05.3	12	27:20.6	13.6	0:29.3	11	20:41	6:40	55:12.9
12	3/10	33		Adam Johnson		M	44	6:28.4	1:11.9	6	26:07.7	14.2	0:23.2	22	21:55	7:04	56:05.8
13	4/10	99		Ryan Steuber		M	38	6:06.1	0:58.2	18	29:06.2	12.8	0:32.3	9	20:08	6:29	56:50.5
14	1/16	89		Laurel Yelton		F	1	3:51.1	1:42.8	29	29:57.0	12.4	0:18.1	13	21:06	6:48	56:54.3
15	4/14	105		Patrick Winger		M	19	5:31.9	0:41.8	9	26:57.4	13.8	0:32.6	40	23:49	7:40	57:31.7
16	2/14	20		John Gaba		M	22	5:38.5	1:31.7	34	30:13.9	12.3	0:22.4	10	20:21	6:33	58:06.6
17	5/14	74		Blake Strand		M	7	4:46.4	2:25.2	19	29:06.6	12.8	0:56.9	16	21:16	6:51	58:30.1
18	2/5	71		Team Duffrin/Stroud/Tidwell		T	33	6:01.8	0:52.1	39	30:34.6	12.2	0:25.4	17	21:24	6:54	59:17.3
19	2/16	12		Christy Damon		F	12	5:30.4	0:24.7	38	30:32.4	12.2	0:21.6	35	23:14	7:29	59:35.6
20	1/1	75		Jackson Strand		M	15	5:16.1	1:51.5	20	29:10.9	12.7	1:01.4	27	22:18	7:11	59:37.4
21	6/14	68		Jon Schumacher		M	40	6:12.7	0:40.2	13	27:29.3	13.5	1:19.5	43	24:08	7:46	59:49.1
22	1/8	96		Matthew Weiss		M	36	6:03.8	1:33.6	25	29:45.4	12.5	1:10.1	20	21:39	6:58	1:00:11.0
23	1/6	104		Carol Melms		F	41	6:18.1	0:45.3	36	30:26.0	12.2	0:29.0	28	22:28	7:14	1:00:25.6
24	3/16	4		Rebecca Bettin		F	11	5:02.0	1:52.0	41	30:38.0	12.1	0:20.4	29	22:45	7:20	1:00:36.5
25	2/8	113		Peter Daly		M	43	6:26.6	2:23.8	32	30:10.0	12.3	0:29.7	18	21:29	6:55	1:00:58.4
26	1/8	41		Sara Keuler		F	64	7:21.0	0:45.3	33	30:12.4	12.3	0:34.1	26	22:16	7:10	1:01:08.1
27	3/8	23		Mike Gleisner		M	60	7:10.4	0:45.4	15	28:15.2	13.2	0:21.5	48	24:42	7:57	1:01:13.8
28	1/1	27		Team Hemming/Munson/Munson		T	50	6:42.3	0:39.6	42	30:39.0	12.1	0:21.1	33	23:04	7:26	1:01:25.6
29	5/10	95		Colin McGuire		M	29	5:55.0	1:55.7	45	31:10.8	11.9	1:16.4	15	21:12	6:50	1:01:29.4
30	4/8	22		Dave Gleisner		M	39	6:08.8	0:32.6	27	29:50.5	12.5	0:24.9	49	24:44	7:58	1:01:40.6
31	7/14	14		Chris Ederer		M	17	5:19.1	1:30.1	22	29:19.6	12.7	0:30.8	52	25:11	8:07	1:01:50.1
32	3/14	49		Joel Liesener		M	52	6:43.5	0:25.4	48	31:37.0	11.8	0:19.3	30	22:52	7:22	1:01:57.0
33	6/10	73		Ryan Stroud		M	70	7:30.9	1:14.6	26	29:46.5	12.5	0:27.9	32	23:01	7:25	1:02:00.5
34	4/14	100		Nathan Erno		M	6	4:46.0	2:18.7	17	29:00.9	12.8	1:04.1	50	25:10	8:06	1:02:18.6
35	2/8	87		Sarah Wilde		F	79	7:57.0	1:03.2	46	31:16.4	11.9	0:26.0	21	21:55	7:04	1:02:37.0
36	5/14	32		Philip Janes		M	74	7:44.9	2:31.3	51	32:04.4	11.6	0:40.1	7	19:58	6:26	1:02:58.2
37	6/14	80		Tim Weber		M	37	6:05.1	2:34.1	40	30:36.5	12.2	0:32.6	36	23:20	7:31	1:03:08.2
38	8/14	65		Tom Scheck		M	5	4:42.3	2:11.6	53	32:21.9	11.5	0:29.1	37	23:24	7:32	1:03:08.3
39	4/16	8		Colleen Cantlon		F	26	5:48.4	1:30.9	54	32:22.5	11.5	0:22.9	38	23:29	7:34	1:03:33.1
40	5/8	38		Vince Justinak		M	23	5:40.2	1:29.2	21	29:16.1	12.7	0:58.3	60	26:22	8:30	1:03:45.6
41	3/5	28		Team Hemming/Hemming/Jay		T	83	8:17.3	0:29.6	57	32:41.3	11.4	0:22.6	23	21:58	7:05	1:03:48.3
42	1/3	107		Lindsey Chiantello		F	32	6:01.1	0:45.3	65	34:38.5	10.7	0:28.5	25	22:14	7:10	1:04:06.9
43	3/8	66		Christina Schleicher		F	45	6:31.7	1:02.2	23	29:30.9	12.6	0:39.9	64	26:44	8:37	1:04:28.0
44	7/10	31		Mark Ignatowski		M	9	4:51.8	1:48.1	24	29:41.2	12.5	0:54.9	68	27:28	8:51	1:04:43.8
45	6/8	54		Daniel Meinnert		M	102	10:54.9	0:48.1	35	30:22.1	12.2	0:33.3	24	22:06	7:07	1:04:44.1
46	7/14	15		Chris Erso		M	25	5:44.6	0:49.7	28	29:51.0	12.5	0:28.0	75	28:11	9:05	1:05:03.9
47	8/10	40		Andrew Kelly		M	4	4:33.0	1:31.2	52	32:06.6	11.6	0:53.9	57	26:10	8:26	1:05:14.1
48	9/14	58		Patrick Minick		M	31	6:00.0	0:52.0	43	30:57.9	12.0	0:31.3	66	27:08	8:44	1:05:28.5
49	4/5	24		Team Harper/Norman/Olson		T	51	6:43.0	0:29.3	50	31:56.8	11.6	0:23.1	63	26:36	8:34	1:06:08.1
50	8/14	86		Rick Wilde		M	76	7:49.8	0:52.1	44	30:59.6	12.0	0:40.6	58	26:12	8:26	1:06:33.6

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Category		SWIM			BIKE			RUN		OVERALL						
Place	Place	NO.	NAME	CITY	SEX	RANK	TIME	T1	RANK	TIME	MPH	T2	RANK	TIME	PACE	TIME
51	1/1	116	Team Grace/Grace/Greene		T	46	6:34.8	0:31.3	60	33:46.9	11.0	0:23.1	56	26:03	8:23	1:07:18.4
52	2/3	111	Mary Daly		F	34	6:02.2	2:50.0	56	32:29.4	11.4	0:49.0	53	25:14	8:08	1:07:24.5
53	10/14	3	Michael Bergman		M	68	7:28.4	3:28.2	49	31:43.5	11.7	1:00.7	42	23:58	7:43	1:07:38.6
54	2/6	18	Lorrie Frautschi		F	65	7:22.9	0:34.9	47	31:25.9	11.8	0:37.4	72	27:48	8:57	1:07:48.2
55	5/16	57	Amy Miller		F	59	7:01.9	0:39.3	55	32:26.0	11.5	0:29.0	70	27:33	8:53	1:08:09.0
56	3/6	6	Cindy Brown		F	77	7:52.4	0:39.7	67	34:47.9	10.7	0:22.6	45	24:35	7:55	1:08:17.1
57	4/8	9	Donna Cataldo Braucher		F	81	8:07.5	1:45.0	37	30:30.6	12.2	1:02.0	67	27:25	8:50	1:08:49.3
58	5/8	94	Marie Peasley		F	20	5:36.4	1:25.2	31	30:08.8	12.3	1:03.2	83	30:42	9:53	1:08:55.2
59	6/16	102	Sarah Drewes		F	30	5:59.9	0:46.4	75	35:50.9	10.4	0:28.9	55	25:59	8:22	1:09:04.6
60	9/10	46	Matt McElroy		M	63	7:16.4	1:46.4	70	35:16.5	10.5	0:27.4	44	24:21	7:50	1:09:06.5
61	9/14	110	Bryan Davis		M	73	7:38.2	1:17.6	79	36:40.9	10.1	0:30.4	34	23:05	7:26	1:09:11.0
62	10/14	109	AJ Bontempo		M	72	7:37.8	1:20.3	63	34:27.1	10.8	0:31.3	54	25:24	8:11	1:09:19.3
63	4/6	83	Jon Ervin		M	56	6:58.4	1:51.1	78	36:28.5	10.2	0:44.3	39	23:48	7:40	1:09:49.5
64	5/6	85	Tom Wickman		M	57	6:58.8	1:50.7	73	35:25.9	10.5	1:41.9	41	23:53	7:41	1:09:49.5
65	11/14	13	Eric Dunlap		M	42	6:18.6	2:40.8	71	35:21.2	10.5	0:42.0	51	25:10	8:06	1:10:11.6
66	7/16	10	Jennifer Chartier		F	66	7:23.5	1:51.6	59	33:05.8	11.2	0:41.6	71	27:40	8:54	1:10:41.3
67	1/2	108	Nancy Abrahams		F	85	8:26.2	0:37.3	91	38:30.1	9.7	0:23.9	31	23:00	7:24	1:10:56.5
68	12/14	7	Dave Brown		M	100	10:12.0	0:45.8	58	33:03.3	11.2	0:54.3	59	26:18	8:28	1:11:13.1
69	3/3	64	Katelyn Scheck		F	28	5:51.8	1:45.6	80	36:49.0	10.1	0:30.5	62	26:35	8:34	1:11:31.1
70	11/14	77	Mark Tushar		M	47	6:35.7	3:10.0	61	33:54.2	11.0	1:24.5	61	26:34	8:33	1:11:37.9
71	8/16	19	Carly Gaba		F	49	6:39.6	0:55.1	76	36:03.5	10.3	0:37.4	73	27:49	8:57	1:12:03.6
72	10/10	55	Joshua Meinnert		M	101	10:44.2	1:25.3	30	29:57.4	12.4	0:47.7	77	29:11	9:24	1:12:05.2
73	9/16	43	Angela Koziczkowski		F	53	6:44.6	0:48.7	66	34:39.3	10.7	0:29.3	80	29:42	9:34	1:12:22.9
74	5/5	70	Team Briere/Schwartz/Wills		T	99	10:09.7	0:37.4	68	34:57.0	10.6	0:39.9	69	27:32	8:52	1:13:55.3
75	4/6	92	Kit Seeliger		F	94	9:39.1	1:06.9	84	37:35.6	9.9	1:03.0	46	24:35	7:55	1:13:59.4
76	5/6	90	Ann Zimmerman		F	93	9:38.3	1:07.1	83	37:34.0	9.9	1:05.1	47	24:36	7:55	1:13:59.8
77	6/8	78	Peggy Tushar		F	67	7:26.7	3:34.8	72	35:22.8	10.5	1:00.4	65	27:01	8:42	1:14:24.6
78	7/8	36	Tom Joseph		M	78	7:56.3	0:56.7	62	34:05.5	10.9	0:41.2	84	30:59	9:59	1:14:37.7
79	10/16	48	Olga Lee		F	92	9:26.6	1:49.5	64	34:34.4	10.8	0:30.1	76	29:06	9:22	1:15:25.5
80	11/16	56	Brea Lee		F	82	8:12.3	0:53.7	86	37:52.0	9.8	0:29.4	74	28:02	9:02	1:15:29.1
81	2/2	72	Chris Simon		F	48	6:37.6	1:50.2	74	35:28.9	10.5	1:37.4	82	30:24	9:47	1:15:57.3
82	12/14	101	Mario DeLuca		M	27	5:50.3	1:46.2	90	38:11.2	9.7	1:04.9	81	30:00	9:40	1:16:51.6
83	1/2	2	Brooke Alt		F	58	7:01.8	2:44.9	85	37:47.9	9.8	0:25.3	79	29:18	9:26	1:17:17.2
84	12/16	45	Alicia Lee		F	84	8:25.9	0:54.8	82	37:13.8	10.0	0:30.8	85	31:35	10:10	1:18:39.5
85	2/2	52	Connie Meek		F	62	7:16.2	3:06.0	87	38:03.0	9.8	2:08.9	78	29:15	9:25	1:19:48.4
86	2/3	115	Team Yatson/Yatson		T	75	7:48.9	0:29.2	81	36:54.0	10.1	0:28.7	94	35:11	11:20	1:20:51.5
87	8/8	82	Ken Welsh		M	80	7:58.5	3:23.8	69	35:02.1	10.6	1:57.9	91	32:51	10:35	1:21:12.4
88	13/16	42	Megan Kostiuik		F	71	7:36.0	3:00.2	96	39:59.3	9.3	1:01.1	87	31:48	10:15	1:23:24.2
89	6/6	67	Joleigh Schumacher		F	55	6:55.9	3:20.4	95	39:42.4	9.4	1:29.4	88	32:09	10:21	1:23:36.6
90	14/16	16	Jessica Fall		F	97	10:03.5	0:51.0	88	38:04.7	9.8	0:51.1	92	33:49	10:53	1:23:38.9
91	7/8	51	Rachael McCutchin		F	86	8:29.0	2:30.6	93	39:31.3	9.4	1:08.4	89	32:15	10:23	1:23:53.2
92	13/14	50	Derek McCutchin		M	87	8:29.8	2:25.2	94	39:34.9	9.4	1:08.5	90	32:17	10:24	1:23:54.7
93	13/14	62	Tom Reinardy		M	95	9:44.0	4:31.2	77	36:26.1	10.2	1:42.4	86	31:39	10:12	1:24:02.3
94	6/6	30	Erik Ignatowski		M	14	5:14.2	2:15.0	100	43:10.5	8.6	0:29.8	95	35:33	11:27	1:26:41.6
95	15/16	114	Ellie Lee		F	91	9:25.4	1:44.1	92	38:32.2	9.6	0:50.5	97	36:53	11:53	1:27:24.4
96	16/16	39	Kim Kargus		F	96	10:02.8	0:55.6	89	38:06.7	9.8	0:57.7	99	40:08	12:56	1:30:10.6
97	14/14	84	Bill Wickman		M	98	10:08.8	1:54.2	97	42:16.2	8.8	1:33.3	93	35:11	11:20	1:31:02.9
98	3/3	106	Team Bruski/Konkol		T	90	9:14.5	0:35.8	101	43:55.2	8.5	0:46.0	96	36:38	11:48	1:31:08.8
99	8/8	93	Cindy Wills		F	89	9:09.2	2:37.4	98	42:23.8	8.8	1:15.0	98	39:42	12:47	1:35:06.5
100	1/1	79	Chris Vizanko		M	88	8:37.5	5:12.7	99	42:50.3	8.7	2:39.8	101	48:42	15:41	1:48:01.6

