

2009 NROC 10K Championships

The Oval
Roseville, MN

Sun, August 16, 2009

Results Provided By:

PrimeTime Timing

www.pttiming.com

CATEGORY RESULTS

Pro Field Size: 12

Men Field Size: 6

Place	BIB #	Name	City, State	Gun Time	Pace
1	1719	Jorge Botero	Tampa, FL	15:09.9	24.6
2	1649	David Sarmiento	Minneapolis, MN	15:41.2	23.8
3	1360	Chris Slocum	Flower Mound, MN	15:41.3	23.8
4	1995	Tyler McGinnis	Cape Coral, FL	15:44.0	23.7
5	1670	Jannis Charmondis	,	15:59.6	23.3

Women Field Size: 6

Place	BIB #	Name	City, State	Gun Time	Pace
1	1723	Briana Kramer	Tampa, FL	16:54.1	22.0
2	1263	Sarah Hopkins	Burlington, ON	17:58.4	20.7
3	1650	Mary Hirt	Hartland, WI	18:25.0	20.2
4	1178	Jessica Wright	Tampa, FL	19:37.3	19.0
5	1201	Candy Wong	Richmond Hill, ONTARIO	21:07.3	17.6

Master Field Size: 10

Men Field Size: 5

Place	BIB #	Name	City, State	Gun Time	Pace
1	1304	Norm Kirby	Colorado Springs, COLORADO	15:41.3	23.8
2	251	Tony Muse	West Des Moines, IA	16:10.3	23.0
3	1993	Chris Rojo	Long Beach, CA	18:41.2	19.9

Women Field Size: 5

Place	BIB #	Name	City, State	Gun Time	Pace
1	1645	Martha Flynn - Koth	,	19:38.7	19.0
2	1136	Nadine Jackson	Fredericton, NEW BRUNSW	19:40.9	18.9
3	1692	Chris Wright	Champaign, IL	21:13.6	17.6
4	253	Renee Coffman	Houston, TX	23:09.9	16.1

Veteran Field Size: 12

Men Field Size: 10

Place	BIB #	Name	City, State	Gun Time	Pace
1	1265	Morgan Williams	Toronto, ONTARIO	17:31.7	21.3
2	1665	Herb Gayle	Toronto, ONTARIO	17:38.3	21.1
3	250	Ovid Westin	Saint Francis, MN	17:38.4	21.1
4	1642	Blair Atwell	Long Beach, CA	17:39.9	21.1
5	254	Dave Swan	,	17:41.8	21.1
6	1647	John Schulte	,	18:13.4	20.5
7	1994	Adam Bradley	Minneapolis, MN	18:19.7	20.3
8	1639	Craig Rice	,	20:30.4	18.2

Women Field Size: 2

Place	BIB #	Name	City, State	Gun Time	Pace
1	1679	Carol Hochstein	St Petersburg, FL	24:09.8	15.4
2	1698	Margo Carvell	Northfield, IL	55:25.2	6.72

Grand Veteran**Field Size: 5****Men** **Field Size: 5**

<u>Place</u>	<u>BIB #</u>	<u>Name</u>	<u>City, State</u>	<u>Gun Time</u>	<u>Pace</u>
1	1696	Setphen Larios	,	18:48.8	19.8
2	1640	Bob Hartwell	,	19:36.5	19.0
3	1352	Ken Huss	Plymouth, MN	19:52.5	18.8

Open/Advanced**Field Size: 11****Men** **Field Size: 7**

<u>Place</u>	<u>BIB #</u>	<u>Name</u>	<u>City, State</u>	<u>Gun Time</u>	<u>Pace</u>
1	1996	Zach Stoppelmoor	West Des Moines, IA	18:19.7	20.3
2	1325	Chad McNamee	Colorado Springs, CO	18:23.9	20.3
3	1643	Scott Palleiko	Santa Monica, CA	18:38.3	20.0
4	252	Michael Mullery	Rosemount, MN	19:18.0	19.3
5	1998	Carl Stewart	Urbana-Champaign, IL	19:19.0	19.3
6	1215	Brian Shicoff	Austin, TEXAS	22:12.6	16.8
7	1139	Eric` Plath	,	22:14.9	16.8

Women**Field Size: 4**

<u>Place</u>	<u>BIB #</u>	<u>Name</u>	<u>City, State</u>	<u>Gun Time</u>	<u>Pace</u>
1	1119	Rayna Meyer	Blaine, MN	19:40.3	18.9
2	1707	Mari Beth Thayer	Baxter, MN	19:46.1	18.8
3	1641	Amanda Kochmit	Sheffield Village, OH	21:40.1	17.2