

Nike Cross Nationals Heartland Regional
Yankton Trail Park, Sioux Falls, SD
November, 14th 2009

===== BOYS TEAM SCORE =====
Boy's Open Race

1.	42	Demon XC Club	(17:23	1:26:51)
=====				
1	3	Daniel Grassrope	17:03	
2	5	Cody Humann	17:15	
3	6	Austin Todd	17:19	
4	12	Garrett Barnes	17:32	
5	16	Alex Huizenga	17:42	
6	(25)	Kyle Burke	18:05	
7	(53)	Josh Thornton	18:41	
2.	58	Apple Valley RC	(17:23	1:26:54)
=====				
1	1	Sean Baddeley	16:35	
2	4	Ross Nelson	17:08	
3	8	Paul Frekot	17:26	
4	10	Matt Bettles	17:31	
5	35	Derek Mansur	18:14	
6	(78)	Tate Schrantz	19:24	
3.	98	Wayzata XC Club-B	(17:49	1:29:05)
=====				
1	7	Joe Meister	17:25	
2	18	Aaron Breyer	17:44	
3	19	Preston White	17:49	
4	23	Chris Olmanson	17:55	
5	31	Greg Scott	18:12	
6	(40)	Andy Kleven	18:26	
4.	130	Eden Prairie	(18:01	1:30:03)
=====				
1	9	Zach Minnich	17:30	
2	14	Jonathan Young	17:39	
3	30	Andrew Hansen	18:09	
4	36	Bryce Ties	18:17	
5	41	Henry Zurn	18:28	
6	(44)	Evan Olawsky	18:31	
7	(60)	Kyle Wargolet	18:53	
5.	138	Farmington Tiger	(17:56	1:29:40)
=====				
1	2	Elliot Fenske	16:44	
2	21	Nick Arenberg	17:53	
3	33	Chad Retterath	18:12	
4	37	Levi Freetly	18:19	
5	45	Carl Elmer	18:32	
6	(47)	Lincoln Kirchoff	18:34	
7	(74)	Alec Wilson	19:12	
6.	191	Perham CC Club	(18:21	1:31:45)
=====				
1	20	Dalton Dahms	17:52	
2	34	Brady Speicher	18:13	
3	39	Jordan Berns	18:26	
4	43	Shane McClellan	18:30	

5	55	Mark Shipman	18:44
6	(71)	Luke Winterfeldt	19:04
7	(93)	Tyler Kuhl	20:34
7.	201	Flash RC	(18:20 1:31:38)
=====			
1	13	Jaime Zarate	17:36
2	15	Matt Adrian	17:40
3	50	Cesar Marquez	18:36
4	59	Forrest Wrede	18:51
5	64	John Paul Sevcik	18:55
8.	211	Pierre Area RC	(18:36 1:32:59)
=====			
1	11	Aaron Propst	17:32
2	27	Steven Gordon	18:07
3	32	Tyler Propst	18:12
4	49	Roman Spade	18:36
5	92	Adam McMath	20:32
9.	219	Demon Rc-B	(18:28 1:32:20)
=====			
1	22	Matt Gotta	17:53
2	26	Logan Fischer	18:06
3	46	Brandon Berg	18:33
4	56	Dan Bullinger	18:45
5	69	Wyatt Wetzstein	19:03
6	(76)	Kristian Aardahl	19:14
7	(82)	Nolan Wagner	19:34
10.	221	South Fargo XC	(18:29 1:32:21)
=====			
1	17	Jaden Radcliffe	17:43
2	29	Brandon Scheel	18:08
3	48	Ben Bitter	18:35
4	61	Aaron Wrolstad	18:53
5	66	Jayce Duffield	19:02
6	(83)	Sean Ahlness	19:35
7	(96)	Christian Thompson	20:41
11.	310	Pretty In Pink	(19:06 1:35:28)
=====			
1	28	Frank Mignon	18:07
2	52	Ethan Cox	18:40
3	67	Josh Vander Putte	19:02
4	68	Kody Pritschau	19:03
5	95	Zach Nelson	20:36
6	(99)	Connor Griess	21:10
7	(100)	Josh Reno	21:11
12.	310	Moorhead XC Club	(19:04 1:35:17)
=====			
1	24	Glen Ellingson	18:01
2	54	Thomas Wixo	18:43
3	58	Henry Dobbs	18:49
4	84	Joe Doohar	19:43
5	90	Andrew Fuglestad	20:01
13.	333	Wayzata XC Club	(19:07 1:35:32)
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1	38	Sam Kulberg	18:24
2	57	Davin Evans	18:45
3	73	Kyle Li	19:10
4	79	Andy Lindberg	19:25
5	86	Iain McCrory	19:48
6	(88)	Declan McCrory	19:51

14. 347 Century XC Club (19:09 1:35:43)

1	51	Kevin Booth	18:40
2	62	Jordan Freitag	18:55
3	72	Forrest Allan	19:04
4	77	Josh Baneck	19:18
5	85	Seth Lundberg	19:46

15. 357 Red Wing XC Club (19:16 1:36:17)

1	42	Sam Hadler	18:30
2	70	Tyler Grove	19:04
3	75	Kristian Anderson	19:14
4	81	Tanner Borgen	19:31
5	89	Trent VanLoon	19:58
6	(91)	Aaron Sands	20:21

16. 415 Sioux Falls (20:22 1:41:50)

1	63	Josh Waltjer	18:55
2	65	Daniel Otamendi	18:59
3	87	Austin Johnsen	19:49
4	98	Taylor Isaacson	20:56
5	102	Alex Rueschhoff	23:11

17. 475 Burnsville D (21:23 1:46:55)

1	80	Greg Reta	19:29
2	94	Jimmy Walker	20:35
3	97	Erik Steeg	20:53
4	101	Thomas Carlson	21:25
5	103	Ted Dunne	24:33
6	(104)	Darrin Digman	24:36
7	(105)	Erik Bain	25:19

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Place	Name	School	1 Mile	2 Mile	Split	Last1.1	Time	Pace
1	Sean Baddeley	Apple Valley RC	5:14	10:43	5:29	5:53	16:34.84	5:21
2	Elliot Fenske	Farmington Tiger	5:12	10:43	5:31	6:02	16:43.35	5:23
3	Jared Noyes	Una-Sd-Redfi	5:09	10:40	5:32	6:07	16:45.93	5:24
4	Kristopher Monroe		5:12	10:50	5:38	6:11	16:59.63	5:29
5	Daniel Grassrope	Demon XC Club	5:09	10:40	5:31	6:24	17:02.51	5:30
6	Ross Nelson	Apple Valley RC	5:21	11:02	5:41	6:07	17:07.30	5:31
7	Connor Olson	Una-Mn-Maple	5:17	10:57	5:40	6:13	17:09.04	5:32
8	Cody Humann	Demon XC Club	5:16	11:09	5:53	6:07	17:14.19	5:33
9	Tim Bierma	Doon XC Club	5:14	11:01	5:48	6:15	17:14.86	5:34
10	Austin Todd	Demon XC Club	5:13	11:01	5:48	6:19	17:18.17	5:35
11	Joe Meister	Wayzata XC Club-B	5:39	11:22	5:44	6:04	17:24.64	5:37
12	Paul Frekot	Apple Valley RC	5:21	11:05	5:44	6:22	17:25.20	5:37
13	Damon Farah	Team Greeno	5:20	11:06	5:46	6:25	17:29.01	5:38
14	Zach Minnich	Eden Prairie	5:21	11:05	5:44	6:26	17:29.31	5:38
15	Matt Bettles	Apple Valley RC	5:20	11:12	5:52	6:20	17:30.83	5:39
16	Christopher Welch	Una-Ia-Albia-Welch	5:23	11:08	5:46	6:25	17:31.30	5:39
17	Aaron Propst	Pierre Area RC	5:21	11:19	5:58	6:15	17:31.54	5:39
18	Garrett Barnes	Demon XC Club	5:27	11:17	5:50	6:18	17:31.80	5:39
19	Austin Hamm	Una-Ne-Harti	5:17	11:07	5:51	6:28	17:33.54	5:40
20	Jalen Snaza	Una-Sd-Milba	5:16	11:09	5:53	6:27	17:34.17	5:40
21	Jaime Zarate	Flash RC	5:25	11:16	5:51	6:22	17:35.97	5:40
22	Taylor Kube	Una-Ne-Croft	5:20	11:11	5:52	6:27	17:37.05	5:41
23	Jonathan Young	Eden Prairie	5:36	11:21	5:46	6:18	17:38.25	5:41
24	Ryan Trapp	Una-Mn-Elk_r	5:26	11:16	5:51	6:24	17:38.25	5:41
25	Matt Adrian	Flash RC	5:29	11:19	5:51	6:22	17:39.79	5:42
26	Alex Huizenga	Demon XC Club	5:31	11:16	5:46	6:27	17:41.66	5:42
27	Jaden Radcliffe	South Fargo XC	5:28	11:21	5:54	6:23	17:42.98	5:43
28	Aaron Breyer	Wayzata XC Club-B	5:36	11:26	5:50	6:19	17:43.40	5:43
29	Luke Iverson	Una-Mn-Maple	5:19	11:16	5:57	6:33	17:47.12	5:44
30	Preston White	Wayzata XC Club-B	5:36	11:19	5:43	6:31	17:48.50	5:44
31	Dalton Dahms	Perham CC Club	5:25	11:24	5:59	6:29	17:51.21	5:45
32	Nick Arenberg	Farmington Tiger	5:33	11:30	5:57	6:24	17:52.07	5:46
33	Matt Gotta	Demon Rc-B	5:42	11:26	5:44	6:28	17:52.53	5:46
34	Derrick Olson	Una-Sd-Lenno	5:26	11:22	5:57	6:33	17:53.35	5:46
35	Chris Olmanson	Wayzata XC Club-B	5:37	11:23	5:47	6:32	17:54.03	5:46
36	Gage Blaschke	Team Greeno	5:30	11:22	5:52	6:35	17:55.00	5:47
37	Mike Koel	Alexandria XC Club	5:39	11:31	5:52	6:27	17:56.21	5:47
38	Luke Larson	Una-Sd-Sturg	5:38	11:35	5:58	6:23	17:57.01	5:47
39	Glen Ellingson	Moorhead XC Club	5:20	11:13	5:54	6:48	18:00.30	5:48
40	Mitch Evink	Alexandria XC Club	5:18	11:25	6:07	6:38	18:01.81	5:49

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Place	Name	School	1 Mile	2 Mile	Split	Last1.1	Time	Pace
41	Kyle Burke	Demon XC Club	5:38	11:31	5:54	6:35	18:04.32	5:50
42	Dalton Ellis	Thunderbird	5:34	11:31	5:57	6:36	18:05.07	5:50
43	Logan Fischer	Demon Rc-B	5:35	11:32	5:57	6:35	18:05.62	5:50
44	Steven Gordon	Pierre Area RC	5:31	11:41	6:11	6:26	18:06.14	5:50
45	Frank Mignon	Pretty In Pink	5:36	11:38	6:03	6:29	18:06.44	5:50
46	Brandon Scheel	South Fargo XC	5:39	11:38	5:59	6:31	18:07.27	5:50
47	Keegan Carda	East Sioux Falls	5:49	11:46	5:57	6:24	18:08.54	5:51
48	Andrew Hansen	Eden Prairie	5:21	11:18	5:58	6:52	18:08.89	5:51
49	Brian Dunic	South Stars	5:48	11:49	6:01	6:22	18:09.03	5:51
50	Kit Anderson	Una-Ia-Norwa	5:26	11:25	5:59	6:46	18:09.45	5:51
51	Greg Scott	Wayzata XC Club-B	5:38	11:41	6:03	6:32	18:11.37	5:52
52	Tyler Propst	Pierre Area RC	5:26	11:36	6:10	6:37	18:11.72	5:52
53	Chad Retterath	Farmington Tiger	5:36	11:39	6:03	6:35	18:11.93	5:52
54	Brady Speicher	Perham CC Club	5:34	11:35	6:01	6:39	18:12.67	5:52
55	Derek Mansur	Apple Valley RC	5:36	11:38	6:03	6:36	18:13.14	5:52
56	Blake Smith	South Stars	5:30	11:33	6:03	6:44	18:15.45	5:53
57	Levi White	Maywood Flyi	5:37	11:37	6:01	6:40	18:16.15	5:53
58	Bryce Ties	Eden Prairie	5:37	11:34	5:58	6:44	18:16.83	5:54
59	Levi Freetly	Farmington Tiger	5:34	11:40	6:06	6:40	18:18.58	5:54
60	Tanner McClaren	Una-Ne-Grand	5:24	11:34	6:11	6:48	18:20.64	5:55
61	Sam Kulberg	Wayzata XC Club	5:42	11:44	6:03	6:41	18:23.73	5:56
62	Jared Weston		5:41	11:41	6:00	6:45	18:24.15	5:56
63	Quentin Jorgensen	Una-Ne-Wayne	5:31	11:43	6:12	6:44	18:25.17	5:56
64	Jordan Berns	Perham CC Club	5:34	11:43	6:09	6:44	18:25.32	5:56
65	Andy Kleven	Wayzata XC Club-B	5:42	11:47	6:06	6:40	18:25.83	5:56
66	Henry Zurn	Eden Prairie	5:35	11:43	6:08	6:46	18:27.01	5:57
67	Aaron Clemens	East Sioux Falls	5:36	11:43	6:08	6:46	18:27.88	5:57
68	Nick Stoks	Una-Mn-Boyd-Jessen	5:49	11:54	6:06	6:35	18:28.37	5:57
69	Sam Hadler	Red Wing XC Club	5:37	11:51	6:15	6:40	18:29.20	5:58
70	Shane McClellan	Perham CC Club	5:45	11:53	6:09	6:38	18:29.47	5:58
71	Evan Olawsky	Eden Prairie	5:40	11:43	6:03	6:49	18:30.25	5:58
72	Carl Elmer	Farmington Tiger	5:42	11:49	6:08	6:43	18:31.16	5:58
73	George Bb		5:45	11:51	6:06	6:43	18:32.27	5:59
74	Brandon Berg	Demon Rc-B	5:45	11:52	6:07	6:42	18:32.46	5:59
75	Lincoln Kirchoff	Farmington Tiger	5:39	11:47	6:08	6:47	18:33.18	5:59
76	Brett Schauwecker	Una-Ks-Lenex	5:47	11:53	6:07	6:42	18:34.42	5:59
77	Ben Bitter	South Fargo XC	5:41	11:48	6:07	6:48	18:34.74	5:59
78	Roman Spade	Pierre Area RC	5:38	11:50	6:12	6:47	18:35.55	6:00
79	Cesar Marquez	Flash RC	5:36	11:48	6:13	6:49	18:35.98	6:00
80	Bridger Belzer	Cando RC	5:41	11:48	6:07	6:51	18:36.82	6:00

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Place	Name	School	1 Mile	2 Mile	Split	Last1.1	Time	Pace
81	Keelan Murphy	Knights XC	5:35	11:43	6:09	6:55	18:37.05	6:00
82	Austin Dermody	Una-Ia-Norwa	5:40	11:52	6:12	6:48	18:38.09	6:00
83	Timothy Sevcik	Flash Rc-B	6:02	12:09	6:07	6:32	18:39.09	6:01
84	Kevin Booth	Century XC Club	5:52	12:03	6:12	6:38	18:39.92	6:01
85	Ethan Cox	Pretty In Pink	5:54	12:06	6:13	6:35	18:39.98	6:01
86	Josh Thornton	Demon XC Club	5:35	11:47	6:13	6:55	18:40.62	6:01
87	Ryan Stewart	Eden Prairie V-S	5:52	12:05	6:13	6:37	18:40.71	6:01
88	Thomas Wixo	Moorhead XC Club	5:47	11:58	6:11	6:46	18:42.49	6:02
89	Mark Shipman	Perham CC Club	5:40	11:50	6:10	6:54	18:43.15	6:02
90	Dan Bullinger	Demon Rc-B	5:55	12:07	6:12	6:39	18:44.16	6:02
91	Davin Evans	Wayzata XC Club	5:43	11:50	6:07	6:56	18:44.46	6:02
92	Henry Dobbs	Moorhead XC Club	5:51	12:05	6:15	6:45	18:48.50	6:04
93	Hunter Alexander	Brandon Vall	5:40	11:52	6:13	6:59	18:49.26	6:04
94	Forrest Wrede	Flash RC	5:50	12:04	6:15	6:47	18:50.03	6:04
95	Bryce Olson	Una-Sd-Rapid	5:41	12:00	6:20	6:52	18:51.52	6:05
96	Kyle Wargolet	Eden Prairie	5:44	11:57	6:13	6:57	18:52.22	6:05
97	Aaron Wrolstad	South Fargo XC	5:55	12:08	6:14	6:46	18:52.71	6:05
98	Tyler De Vries	Doon XC Club	5:25	11:37	6:12	7:19	18:54.14	6:06
99	Jordan Freitag	Century XC Club	5:34	11:57	6:24	6:59	18:54.55	6:06
100	Josh Waltjer	Sioux Falls	5:47	12:02	6:16	6:54	18:54.62	6:06
101	John Paul Sevcik	Flash RC	5:50	11:58	6:09	6:58	18:54.73	6:06
102	Tom Ritter	East Sioux Falls	5:49	12:08	6:19	6:50	18:56.81	6:06
103	Jesse Streicher	Flash Rc-B	5:53	12:09	6:16	6:50	18:57.55	6:07
104	Daniel Otamendi	Sioux Falls	5:32	11:58	6:27	7:02	18:58.67	6:07
105	Jayce Duffield	South Fargo XC	5:56	12:05	6:10	6:57	19:01.26	6:08
106	Josh Vander Putte	Pretty In Pink	5:46	12:16	6:30	6:47	19:01.65	6:08
107	Adam Sohl	Una-Ia-George-Sohl	5:26	11:50	6:24	7:14	19:02.37	6:08
108	Kody Pritschau	Pretty In Pink	5:58	12:20	6:23	6:44	19:02.63	6:08
109	Wyatt Wetzstein	Demon Rc-B	5:54	12:09	6:16	6:55	19:02.78	6:08
110	Tyler Grove	Red Wing XC Club	5:44	12:05	6:21	7:00	19:03.04	6:08
111	Luke Winterfeldt	Perham CC Club	5:57	12:15	6:19	6:50	19:03.39	6:09
112	Nick Wilde	Brandon Vall	5:55	12:09	6:14	6:56	19:03.42	6:09
113	Forrest Allan	Century XC Club	5:45	12:04	6:20	7:01	19:03.78	6:09
114	Cameron Economy	Una-Mn-Victo	6:00	12:16	6:17	6:51	19:05.30	6:09
115	Kyle Li	Wayzata XC Club	5:56	12:16	6:20	6:56	19:10.00	6:11
116	Alec Wilson	Farmington Tiger	5:52	12:14	6:22	6:59	19:11.88	6:11
117	Kristian Anderson	Red Wing XC Club	5:51	12:16	6:25	6:59	19:13.10	6:12
118	Kristian Aardahl	Demon Rc-B	5:56	12:17	6:22	6:58	19:13.44	6:12
119	Andrew Konczal	Una-Mn-Elk_r	5:40	12:20	6:41	6:56	19:14.80	6:12
120	Hunter Streff	Una-Sd-Wentw	6:05	12:29	6:24	6:49	19:16.33	6:13

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Place	Name	School	1 Mile	2 Mile	Split	Last1.1	Time	Pace
121	Dereck Rosas	Una-Ne-Cozad-Rosas	5:55	12:17	6:22	7:01	19:16.87	6:13
122	Josh Baneck	Century XC Club	5:52	12:25	6:34	6:53	19:17.47	6:13
123	Christian Rasmusso	Team Greeno	5:48	12:12	6:25	7:07	19:18.33	6:13
124	Benjamin Suits Bae	Moorhead RC	6:05	12:28	6:24	6:52	19:19.25	6:14
125	Jacob Pulfer	Una-Ne-Wayne	5:55	12:17	6:23	7:05	19:19.49	6:14
126	Alex Staudt	Flash Rc-B	5:53	12:24	6:31	6:59	19:21.19	6:14
127	Justin Gerszewski	Knights XC	5:35	12:00	6:25	7:24	19:22.68	6:15
128	Brandon Strofhus	Farmington Tig-B	5:53	12:16	6:24	7:08	19:23.21	6:15
129	Tate Schrantz	Apple Valley RC	5:52	12:19	6:28	7:05	19:23.62	6:15
130	Andy Lindberg	Wayzata XC Club	6:03	12:28	6:26	6:58	19:24.89	6:15
131	Greg Reta	Burnsville D	5:45	12:12	6:27	7:18	19:28.03	6:16
132	Tanner Borgen	Red Wing XC Club	5:52	12:20	6:28	7:12	19:30.60	6:17
133	Alex Winkles	Farmington Tig-B	6:01	12:29	6:29	7:02	19:30.63	6:17
134	Nolan Wagner	Demon Rc-B	5:55	12:22	6:28	7:13	19:33.60	6:18
135	Sean Ahlness	South Fargo XC	6:07	12:36	6:29	7:00	19:34.26	6:18
136	Brennen Bergdahl	Cando RC	5:58	12:23	6:25	7:19	19:40.96	6:21
137	Joe Sink	Pleasant Val	6:00	12:34	6:35	7:09	19:42.06	6:21
138	Joe Dooher	Moorhead XC Club	6:02	12:34	6:33	7:10	19:42.63	6:21
139	Seth Lundberg	Century XC Club	5:50	12:26	6:36	7:22	19:45.89	6:22
140	Myles Nicolai	Moorhead RC	6:01	12:36	6:35	7:12	19:47.01	6:23
141	Iain McCrory	Wayzata XC Club	6:02	12:41	6:40	7:08	19:47.92	6:23
142	Austin Johnsen	Sioux Falls	5:51	12:17	6:27	7:33	19:48.37	6:23
143	Declan McCrory	Wayzata XC Club	6:15	12:45	6:31	7:07	19:50.38	6:24
144	Trent Vanloon	Red Wing XC Club	6:06	12:45	6:40	7:14	19:57.45	6:26
145	Keevan Statz	Una-Ne-Lin-S	6:00	12:41	6:41	7:21	19:59.83	6:27
146	Andrew Kruger	Una-Ia-Georg	5:57	12:56	6:59	7:06	20:00.58	6:27
147	Andrew Fuglestad	Moorhead XC Club	6:05	12:41	6:37	7:21	20:00.92	6:27
148	Garrett McCarger	Centennial XC Club	6:06	12:54	6:48	7:14	20:06.05	6:29
149	Andrew Oveson	Una-Sd-Garre	5:59	12:52	6:54	7:21	20:11.87	6:31
150	Eric Burns	Una-Ia-Clive-Burns	6:03	12:58	6:56	7:17	20:12.96	6:31
151	Zachary Reyhons	Flash Rc-B	6:02	12:58	6:56	7:18	20:14.14	6:31
152	Ted Helgeson	Knights XC	6:11	12:54	6:43	7:24	20:16.86	6:32
153	Aaron Sands	Red Wing XC Club	6:12	13:01	6:50	7:21	20:20.95	6:33
154	Kyle Bernier	Una-Mn-Moorh	6:12	13:02	6:50	7:21	20:21.70	6:34
155	Adam McMath	Pierre Area RC	5:49	12:43	6:54	7:50	20:31.36	6:37
156	Tyler Kuhl	Perham CC Club	5:59	12:59	7:00	7:36	20:33.96	6:38
157	Jimmy Walker	Burnsville D	6:17	13:11	6:54	7:25	20:34.37	6:38
158	Zach Nelson	Pretty In Pink	6:12	13:11	7:00	7:26	20:35.71	6:38
159	Nathaniel Wells	Una-Nd-Parsh	6:19	13:18	6:59	7:23	20:40.03	6:40
160	Christian Thompson	South Fargo XC	6:23	13:14	6:52	7:27	20:40.17	6:40

Nike Cross Nationals Heartland Regional
 Yankton Trail Park, Sioux Falls, SD
 November, 14th 2009
 Boys Open Race

Place	Name	School	1 Mile	2 Mile	Split	Last1.1	Time	Pace
161	Ryan Klima	Norfolk Cath	6:07	13:03	6:57	7:42	20:43.83	6:41
162	Tyler Coder	Una-Ia-Clive-Coder	6:10	13:06	6:57	7:39	20:44.12	6:41
163	Erik Steeg	Burnsville D	6:13	13:13	7:01	7:41	20:52.08	6:44
164	Taylor Isaacson	Sioux Falls	6:00	13:18	7:19	7:39	20:55.94	6:45
165	Logan Falt	Thunderbird	6:14	13:10	6:57	7:50	20:58.48	6:46
166	Connor Griess	Pretty In Pink	6:16	13:24	7:09	7:48	21:09.41	6:49
167	Josh Reno	Pretty In Pink	6:16	13:25	7:09	7:46	21:10.01	6:49
168	Thomas Carlson	Burnsville D	6:26	13:38	7:12	7:48	21:24.16	6:54
169	Luke Monke-Lundbe	Una-Mn-Moo-M	6:35	13:54	7:20	7:33	21:26.24	6:54
170	Mitchell Bernier	Una-Mn-Moorh					21:26.90	6:55
171	Zach Roozeboom	Waukee XC	6:28	13:55	7:28	7:38	21:31.66	6:56
172	Tyler Moyle	Una-Ia-Wauke	6:30	13:55	7:25	8:03	21:56.40	7:04
173	Mitch Shearer	East Sioux Falls	6:19	13:58	7:39	8:08	22:05.07	7:07
174	Ryan Burns	Una-Ia-Clive-Burns	6:18	13:55	7:37	8:13	22:07.31	7:08
175	Trent Knuppe	Una-Sd-Dell_	6:30	13:54	7:24	8:15	22:08.25	7:08
176	Craig Chase		6:44	13:53	7:10	8:18	22:10.09	7:09
177	Terry Belzer	Cando RC	6:51	14:10	7:19	8:02	22:10.12	7:09
178	Peter Cosimi	South Stars	6:49	14:12	7:24	8:01	22:12.27	7:09
179	Jordan Archer	Una-Ia-Urban	6:54	14:23	7:30	8:18	22:39.52	7:18
180	Alex Rueschhoff	Sioux Falls	6:53	14:46	7:54	8:26	23:10.86	7:28
181	Johnny Ingold	Thunderbird	6:26	14:16	7:51	8:59	23:13.97	7:29
182	Foster Leiss	Dickinson XC Club	6:38	14:41	8:03	8:45	23:24.64	7:33
183	Gabe Garfield		6:47	15:05	8:19	8:56	23:59.76	7:44
184	Darrel Chasing In		6:22	15:35	9:13	8:53	24:27.17	7:53
185	Ted Dunne	Burnsville D	7:43	16:13	8:31	8:20	24:32.10	7:54
186	Darrin Digman	Burnsville D	7:44	16:13	8:30	8:24	24:35.89	7:56
187	Jaycee Buffallo		6:57	15:41	8:44	9:01	24:40.88	7:57
188	Kiowa Wieser-Matth	Perham CC Club-B	7:26	15:58	8:33	8:52	24:49.18	8:00
189	Erik Bain	Burnsville D	7:44	16:14	8:30	9:06	25:18.54	8:09

Timing & Results by PrimeTime Race & Event Management, LLC. www.pttiming.com