

Nike Cross Nationals Heartland Regional  
 Yankton Trail Park, Sioux Falls, SD  
 November, 14th 2009  
 ===== GIRLS TEAM SCORE =====  
 Girl's Open Race

1.	44	Smsxc	( 20:40	1:43:19)
=====				
1	1	Celeste Banks	20:01	
2	2	Sydney Oltjen	20:15	
3	4	Allie Antrim	20:21	
4	14	Clare Dolan	21:11	
5	23	Lauren Schauwecker	21:31	
2.	62	Demon RC	( 21:04	1:45:17)
=====				
1	5	Lindsay Achtenberg	20:41	
2	8	Kayla Wald	20:47	
3	15	Nicole Stewart	21:12	
4	16	Samantha Schon	21:17	
5	18	Amy Faller	21:20	
6	( 25)	Megan Blee	21:40	
3.	72	Aberdeen Area RC	( 21:08	1:45:38)
=====				
1	9	Kaitlyn Volk	20:48	
2	11	Cassidy Rodman	20:59	
3	12	Kaylee Kappes	21:06	
4	19	Madisyn Waage	21:20	
5	21	Morghan Waage	21:25	
6	( 22)	Courtney Neubert	21:27	
4.	133	Demon Rc-B	( 22:02	1:50:07)
=====				
1	10	Raquel Boutrous	20:56	
2	13	Jessica Martin	21:08	
3	30	Natalie Scherr	22:09	
4	33	Melissa Stewart	22:31	
5	47	Juliana Keller	23:23	
6	( 61)	Alexius Imhoff	25:19	
5.	161	Pretty In Pink	( 22:24	1:51:57)
=====				
1	3	Annelise Madison	20:19	
2	35	Sophie Sonenberg	22:41	
3	37	Emily Moravec	22:44	
4	42	Kelly Prange	23:05	
5	44	Meardith Ganow	23:08	
6	( 45)	Maggie Nutter	23:11	
7	( 50)	Chelsi Marolf	23:52	
6.	166	Brandon Area RC	( 22:24	1:51:59)
=====				
1	6	Kasey Presler	20:46	
2	27	Shelby Rahn	21:47	
3	39	Kaitlin Behrend	22:47	
4	46	Danelle Kalo	23:12	
5	48	Nicole Zens	23:27	
7.	177	Flash RC	( 22:47	1:53:52)

1	24	Hannah Savage	21:39
2	28	Brianna King	21:50
3	29	Katie Halloran	22:08
4	32	Rebecca Oberrieder	22:27
5	64	Laura Streicher	25:48
=====			
8.	183	Doon XC Club	( 22:42 1:53:30)
=====			
1	17	Mariah Lammers	21:18
2	26	Teresa Klarenbeek	21:44
3	40	Megan Kooima	22:50
4	49	Carly Rozeboom	23:39
5	51	Kristin Scholten	23:59
6	( 52)	Shantelle Gritters	24:07
=====			
9.	211	Lakeville So	( 23:18 1:56:26)
=====			
1	31	Jenna Land	22:13
2	34	Megan Olsen	22:37
3	41	Taylor Vonasek	23:04
4	43	Anna Albrecht	23:07
5	62	Kelsey Zimmer	25:25
6	( 63)	Mackenzie Paul	25:29
7	( 72)	Emilie Lane	27:33
=====			
10.	242	Elcar Running	( 25:31 2:07:32)
=====			
1	7	Brooke Egeland	20:46
2	20	Traci Speltz	21:21
3	68	Samantha Natterstad	26:33
4	73	Kayla Bortvit	28:16
5	74	Molly Wittmer	30:36
=====			
11.	259	Sioux Falls	( 24:09 2:00:41)
=====			
1	36	Emily Stafford	22:43
2	53	Cassie Tencate	24:12
3	54	Macy Petersen	24:18
4	56	Kit Thompson	24:37
5	60	Brittany Anderson	24:51
6	( 67)	Kailey Tennesen	26:23
=====			
12.	282	Perham CC Club	( 24:45 2:03:43)
=====			
1	38	Jenna Gigstead	22:46
2	55	Tonya Berns	24:22
3	58	Kellyn Barney	24:39
4	65	Emily Tobkin	25:58
5	66	Maegan Stammen	25:58
=====			
13.	326	South Stars	( 25:57 2:09:43)
=====			
1	57	Kristen Manker	24:39
2	59	Claire Houser	24:46
3	69	Kaileen Smith	26:35
4	70	Lori Talty	26:46
5	71	Megan Roberts	26:57

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## Girls Open Race

Place	Name	Yea	School	Rank	2 Mile	Last1.1	Time	Pace
1	Kelsee Anderson	FR	Red Wing XC Club	3	12:46	6:57	19:41.76	6:21
2	Leah Jessen	8	Una-Mn-Boyd-Jessen	1	12:43	7:03	19:45.41	6:22
3	Celeste Banks	SR	Smsxc	5	12:51	7:11	20:00.46	6:27
4	Lindsay Scribner	FR	Red Wing XC Club	2	12:45	7:18	20:01.57	6:27
5	Erin Statz	SR	Una-Ne-Lin-S	4	12:49	7:14	20:02.14	6:27
6	Sydney Oltjen	SR	Smsxc	6	12:54	7:22	20:14.61	6:31
7	Annelise Madison	SR	Pretty In Pink	9	12:59	7:21	20:18.69	6:33
8	Allie Antrim	SR	Smsxc	7	12:56	7:25	20:20.13	6:33
9	Molly Bjustrom	JR	Una-Mn-Maple	8	12:57	7:26	20:21.31	6:34
10	Maricia Pacheco	8	Farmington Tiger	13	13:11	7:19	20:28.67	6:36
11	Lindsay Achtenberg	SR	Demon RC	11	13:10	7:32	20:40.32	6:40
12	Dana Jeter	SO		14	13:12	7:32	20:42.43	6:40
13	Kristen Schubert	JR	Una-Ne-Lavis	17	13:15	7:30	20:43.36	6:41
14	Kasey Presler	JR	Brandon Area RC	20	13:20	7:26	20:45.01	6:41
15	Brooke Egeland	SR	Elcar Running	10	13:08	7:39	20:45.77	6:41
16	Kayla Wald	FR	Demon RC	19	13:18	7:30	20:46.87	6:42
17	Erin Nolz	SO	Una-Sd-Garre	15	13:14	7:35	20:47.49	6:42
18	Anna Jefferson	SR		21	13:21	7:28	20:47.66	6:42
19	Kaitlyn Volk	8	Aberdeen Area RC	12	13:10	7:40	20:47.92	6:42
20	Lindsey Bohl	FR	Una-Sd-Garre	16	13:15	7:35	20:48.01	6:42
21	Raquel Boutrous	8	Demon Rc-B	22	13:21	7:36	20:55.17	6:44
22	Cassidy Rodman	8	Aberdeen Area RC	27	13:25	7:34	20:58.11	6:45
23	Hanna Hoch	SO		35	13:32	7:30	21:01.25	6:46
24	Megan Kerr	SR		23	13:21	7:42	21:01.74	6:47
25	Andi Tauer	SO		24	13:23	7:42	21:03.64	6:47
26	Kaylee Kappes	8	Aberdeen Area RC	32	13:31	7:36	21:05.96	6:48
27	Jessica Martin	FR	Demon Rc-B	25	13:24	7:44	21:07.19	6:48
28	Mary Klecker	SO	Hopkins Harriers	29	13:30	7:42	21:10.30	6:49
29	Clare Dolan	JR	Smsxc	33	13:32	7:40	21:10.56	6:49
30	Nicole Stewart	JR	Demon RC	30	13:30	7:43	21:11.94	6:50
31	Bailey Opsal	SO	Farmington Tiger	37	13:35	7:43	21:15.87	6:51
32	Samantha Schon	FR	Demon RC	31	13:31	7:47	21:16.65	6:51
33	Mariah Lammers	JR	Doon XC Club	42	13:43	7:36	21:17.07	6:52
34	Maria Kiminski	FR	Farmington Tiger	40	13:37	7:43	21:18.68	6:52
35	Dana Kraus	JR	Una-Mn-Porte	28	13:26	7:54	21:19.45	6:52
36	Amy Faller	JR	Demon RC	26	13:25	7:56	21:19.47	6:52
37	Madisyn Waage	8	Aberdeen Area RC	45	13:46	7:35	21:19.87	6:52
38	Traci Speltz	SR	Elcar Running	34	13:32	7:50	21:20.71	6:53
39	Jenna Kuhle	SR	Una-Sd-Howar	39	13:36	7:49	21:23.64	6:54
40	Morghan Waage	8	Aberdeen Area RC	18	13:16	8:09	21:24.48	6:54

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Place	Name	Yea	School	Rank	2 Mile	Last1.1	Time	Pace
41	Courtney Neubert	JR	Aberdeen Area RC	43	13:43	7:44	21:26.25	6:54
42	Lauren Schauwecker	SR	Smsxc	47	13:47	7:45	21:30.40	6:56
43	Courtney Ruff	SR	Una-Ia-Counc	41	13:42	7:50	21:31.11	6:56
44	Chelsea Sweeter	JR	Una-Sd-Lenno	36	13:34	8:03	21:34.89	6:57
45	Hannah Riley	SO	Una-Ne-Sidne	44	13:45	7:54	21:37.54	6:58
46	Hannah Savage	SO	Flash RC	55	13:59	7:41	21:38.11	6:58
47	Megan Bles	JR	Demon RC	38	13:36	8:05	21:39.60	6:59
48	Teresa Klarenbeek	SR	Doon XC Club	53	13:57	7:48	21:43.35	7:00
49	Jesse Volek	FR	Una-Sd-Mitch	49	13:53	7:53	21:45.63	7:01
50	Shelby Rahn	FR	Brandon Area RC	48	13:53	7:56	21:46.66	7:01
51	Jobi Hasenauer	SR	Maywood Flyi	52	13:56	7:54	21:48.35	7:02
52	Kaitlin Medal	SR	Knights XC	50	13:55	7:56	21:48.84	7:02
53	Brianna King	FR	Flash RC	56	13:59	7:51	21:49.28	7:02
54	Meleah Leiss	FR	Dickinson XC Club	46	13:47	8:09	21:54.52	7:04
55	Lauren McMillan	FR	Knights XC	51	13:55	8:04	21:57.24	7:04
56	Hannah Skopec	SR	Una-Ia-Iowa_	59	14:07	7:59	22:04.25	7:07
57	Emily Mammenga	SO	West Central	54	13:59	8:08	22:05.54	7:07
58	Katie Halloran	FR	Flash RC	60	14:09	8:00	22:07.60	7:08
59	Mandie Gribben	SR		57	14:01	8:08	22:07.67	7:08
60	Natalie Scherr	FR	Demon Rc-B	58	14:03	8:07	22:08.68	7:08
61	Jenna Land	SR	Lakeville So	66	14:15	7:59	22:12.54	7:09
62	Dani Stappert	SO	Norfolk Cath	63	14:13	8:05	22:16.45	7:11
63	Sara Johnston	SR	Una-Sd-Rapid	67	14:15	8:03	22:16.87	7:11
64	Berkley Rietveld	FR	Una-Sd-Mitc-	64	14:14	8:05	22:17.63	7:11
65	Rebecca Oberrieder	SO	Flash RC	61	14:11	8:17	22:26.42	7:14
66	Summer Smith	8	Una-Sd-Hartf	71	14:21	8:09	22:28.20	7:14
67	Melissa Stewart	FR	Demon Rc-B	69	14:18	8:14	22:30.42	7:15
68	Kaitlyn Klein	JR	Thunderbird	86	14:44	7:52	22:35.12	7:17
69	Megan Olsen	JR	Lakeville So	65	14:14	8:24	22:36.53	7:17
70	Jaclyn Sand	JR	Knights XC	68	14:15	8:25	22:39.47	7:18
71	Sophie Sonenberg	FR	Pretty In Pink	77	14:33	8:09	22:40.83	7:19
72	Desiree Wells	FR	Una-Nd-Parsh	62	14:13	8:29	22:40.89	7:19
73	Emily Stafford	JR	Sioux Falls	72	14:24	8:19	22:42.50	7:19
74	Emily Moravec	SR	Pretty In Pink	74	14:31	8:14	22:43.54	7:19
75	Jenna Gigstead	SR	Perham CC Club	73	14:30	8:16	22:45.16	7:20
76	Kaitlin Behrend	FR	Brandon Area RC	79	14:35	8:13	22:46.02	7:20
77	Rebekah Rye		West Central XC	70	14:21	8:28	22:47.72	7:21
78	Chandler Derschan	8	Una-Sd-Dell_	85	14:42	8:08	22:49.03	7:21
79	Megan Kooima	SR	Doon XC Club	80	14:38	8:13	22:49.88	7:21
80	Anna Bahnson	SR	West Central	82	14:40	8:13	22:50.95	7:22

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81	Rachel Noonan	SO	West Central	75	14:31	8:25	22:54.27	7:23
82	Mariah Morgan	SR	Norfolk Cath	78	14:34	8:25	22:57.49	7:24
83	Ali Lindsay	FR	Knights XC	76	14:31	8:28	22:57.53	7:24
84	Taylor Vonasek	JR	Lakeville So	83	14:40	8:25	23:03.80	7:26
85	Kelly Prange	SR	Pretty In Pink	88	14:49	8:17	23:04.09	7:26
86	Anna Albrecht	SO	Lakeville So	84	14:41	8:27	23:06.12	7:27
87	Meardith Ganow	JR	Pretty In Pink	90	14:50	8:18	23:07.20	7:27
88	Maggie Nutter	JR	Pretty In Pink	94	14:59	8:14	23:10.92	7:28
89	Danelle Kalo	SO	Brandon Area RC	92	14:55	8:18	23:11.37	7:28
90	Kylie Comba	FR	Patriot RC	95	15:00	8:14	23:12.90	7:29
91	Jessica Teaford	SO	Patriot RC	96	15:00	8:16	23:14.92	7:29
92	Juliana Keller	FR	Demon Rc-B	89	14:49	8:35	23:22.42	7:32
93	Nicole Zens	JR	Brandon Area RC	91	14:54	8:34	23:26.80	7:33
94	McKenzie Rosdail	FR	Una-Ne-Sidne	87	14:46	8:45	23:29.94	7:34
95	Carly Rozeboom	JR	Doon XC Club	93	14:58	8:42	23:38.81	7:37
96	Patricia Dixon	FR	Una-Nd-Parsh	98	15:09	8:34	23:41.75	7:38
97	Sarah Metz	8	Una-Sd-Sioux	100	15:13	8:37	23:48.12	7:40
98	Kayla Weston	SR		81	14:39	9:12	23:49.30	7:41
99	Krista Konrad	SO	Wayzata XC Club	106	15:27	8:24	23:49.63	7:41
100	Taisa Kushner	SR	Wayzata XC Club	104	15:26	8:26	23:50.84	7:41
101	Chelsi Marolf	SO	Pretty In Pink	97	15:05	8:48	23:51.77	7:41
102	Suzie Huhman	SO	Una-Ne-Colum	105	15:26	8:27	23:52.02	7:41
103	Kristin Scholten	SR	Doon XC Club	102	15:16	8:43	23:58.25	7:43
104	Katie Reinholz	FR	Una-Nd-Fargo	99	15:12	8:48	23:59.19	7:44
105	Shantelle Gritters	SR	Doon XC Club	101	15:15	8:53	24:06.26	7:46
106	Cassie Tencate	SR	Sioux Falls	103	15:19	8:54	24:11.54	7:48
107	Macy Petersen	SO	Sioux Falls	113	15:46	8:33	24:17.65	7:50
108	Libby Gibson	SO	Una-Mn-Maple	112	15:45	8:37	24:20.56	7:51
109	Tonya Berns	FR	Perham CC Club	108	15:31	8:52	24:21.73	7:51
110	Nicole Timmerman	JR	Norfolk Cath	107	15:30	8:59	24:27.68	7:53
111	Maddie MacDonald	JR	Pretty in Pink-B	109	15:35	8:55	24:28.36	7:53
112	Kit Thompson	SO	Sioux Falls	114	15:46	8:52	24:36.97	7:56
113	Kristen Manker	SO	South Stars	116	15:49	8:51	24:38.34	7:56
114	Kellyn Barney	FR	Perham CC Club	110	15:37	9:03	24:38.77	7:56
115	Claire Houser	FR	South Stars	115	15:48	8:59	24:45.36	7:59
116	Bekka White	SO	Maywood Flyi	117	15:49	9:01	24:49.42	8:00
117	Brittany Anderson	SR	Sioux Falls	118	15:52	8:59	24:50.01	8:00
118	Megan Aschoff	SO	Norfolk Cath	111	15:45	9:08	24:51.43	8:01
119	McKayla Wieczorek		Una-Sd-Hartf	119	15:54	9:25	25:17.78	8:09
120	Alexius Imhoff	JR	Demon Rc-B	121	16:03	9:17	25:18.74	8:09

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121	Kelsey Zimmer	JR	Lakeville So	120	16:01	9:25	25:24.81	8:11
122	Mackenzie Paul	JR	Lakeville So	122	16:11	9:18	25:28.43	8:12
123	Laura Streicher	SO	Flash RC	123	16:16	9:32	25:47.11	8:18
124	Emily Tobkin	FR	Perham CC Club	127	16:56	9:03	25:57.38	8:22
125	Maegan Stammen	SO	Perham CC Club	128	16:56	9:03	25:57.40	8:22
126	Kailey Tennessen	JR	Sioux Falls	124	16:44	9:40	26:22.86	8:30
127	Samantha Nattersta	JR	Elcar Running	125	16:52	9:41	26:32.58	8:33
128	Kaileen Smith	SR	South Stars	126	16:53	9:44	26:34.91	8:34
129	Lori Talty	FR	South Stars	131	17:15	9:32	26:45.30	8:37
130	Megan Roberts	SO	South Stars	132	17:15	9:43	26:56.77	8:41
131	Amanda Johnson	SR	Sioux Falls XC C	130	17:08	10:03	27:09.72	8:45
132	Emilie Lane	SR	Lakeville So	129	17:01	10:34	27:32.96	8:53
133	Taylor Stone	SO	Maywood Flyi	133	17:43	9:55	27:37.22	8:54
134	Kayla Bortvit	JR	Elcar Running	134	17:47	10:31	28:15.93	9:06
135	Bridget Zens	SO	Brandon Area Rc-B	135	18:20	10:39	28:56.86	9:20
136	Molly Wittmer	JR	Elcar Running	136	19:01	11:36	30:35.83	9:51

Timing & Results by PrimeTime Race & Event Management, LLC. [www.pttiming.com](http://www.pttiming.com)